






Milwaukee County Senior Dining

MEALS ON WHEELS



NOVEMBER 2015 LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 BBQ Beef Sandwich Whole Wheat Hamburger Bun American Potato Salad Baked Beans Peanut Butter Rice Krispie Treat ♥ Canned Pear Slices	3 Peachy Pork Roast Cheesy Diced Potato Casserole Chef's Choice Vegetables Potato Dinner Roll Fruited Yogurt	4 Mushroom Swiss Burger Rye Hamburger Bun Baby Baker Potatoes Sugar Snap Peas Mandarin Oranges	5 Chicken Cordon Bleu Wild Rice Blend Whole Baby Carrots Spinach Salad w/Dressing Seven-Grain Bread Cinnamon Apple Slices	6 Swedish Meatballs Buttered Noodles Harvard Beets Whole Wheat Bread 🍍 Pineapple Juice Tapioca Pudding ♥ Lo-Cal Pudding
9 Italian Sausage on Crusty Roll w/Onions & Peppers in Marinara Sauce Bow Tie Pasta w/Marinara Sauce Italian Vegetables 🍇 Grape Juice Sliced Peaches	10 BBQ Chicken Leg/Thigh Creamed Spinach Tri-Colored Pasta Salad 🍷 Fruit Juice Corn Bread Muffin Assorted Fresh Fruit	11 Veteran's Day Roast Beef w/Gravy Baked Potato w/Butter & Sour Cream Winter Vegetable Blend Rye Dinner Roll Cherry Cheesecake ♥ Red Delicious Apple	12 Pork Chop Suey w/Vegetables Brown Rice Baby Peas Mixed Greens w/Dressing Baking Powder Biscuit Ambrosia Fruit Fluff ♥ Fruit Cocktail	13 Swiss Steak w/Tomatoes & Onions Garlic Mashed Potatoes Whole Kernel Sweet Corn Sourdough Bread Iced Brownie ♥ Banana
16 Hungarian Goulash Noodles Country Vegetable Blend Marble Rye Bread Creamed Cucumbers Molasses Cookie ♥ Canned Fruit	17 Baked Ham Scalloped Potatoes California Vegetable Blend Vienna Dinner Roll Pineapple Tidbits	18 Teriyaki Chicken Chinese Fried Rice Oriental Vegetables Parker House Roll Mandarin Oranges Chinese Almond Cookie	19 Spaghetti Italian Meatsauce Parmesan Cheese Italian Beans Romaine w/Ranch Italian Bread Pistachio Pudding ♥ Lo-Cal Pudding	20 Stuffed Salmon Boat w/Dill Sauce Red Skinned Potatoes Crinkle Cut Carrots Rye Bread Tropical Fruit Cup
23 BBQ Boneless Pork Loin Oven-Browned Potatoes Traditional Mixed Veggies Whole Grain Bread Applesauce	24 Meatloaf w/Mushroom Gravy Mashed Potatoes Brussels Sprouts Garlic Bread Chocolate Chip Cookie ♥ Fresh Fruit	25 Baked Chicken Leg/Thigh Sweet Potato Peas & Carrots Dinner Roll Apple Pie (All Diets)	26  CLOSED	27  CLOSED
30 Cheddarwurst Poppy Seed Hot Dog Bun Ketchup & Mustard German Potato Salad Green Bean Casserole Fresh Orange	<div>  <div> Cancellations? Delivery Issues? Please Call 358-6527 </div> </div>			